

| Class | Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | Term 6 |
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| Year R | Mrs Ricca Team Games/ Agility F.O.M | Mrs Ricca Gymnastics: Balance/co-ordination | Mrs Ricca Dance: Simple Movements/Patterns | Mrs Ricca Gymnastics: Apparatus | Mrs Ricca Jumping/ Throwing and Catching. | Mrs Ricca Team Games: Attacking/ Defending. |
| Year 1&2 | Mrs Coakley Team Games: Team building skills Fundamental movement skills | Mrs Coakley Team Games: Attacking/ Defending Bench ball | Mrs Coakley Gymnastics: Balance/ Co-ordination Rolling and jumping | Mrs Coakley Dance: Patterns/performance | Mrs Coakley Team Games: Agility and coordination Tennis | Mrs Coakley Team Games: Travelling and passing Football |
| | Mrs Coakley Gymnastics: Balance/co-ordination | Mrs Coakley Team Games: Throwing and catching. | Mrs Coakley Dance: Simple movements/patterns | Mrs Coakley Gymnastics: Jumping/Apparatus | Mrs Coakley Team Games: Attacking/ Defending | Mrs Coakley Team Games: Attacking/ Defending |
| Year 3&4 | Mrs Waters Netball: Attacking and Defending Using space | Mrs Waters Circuit Training: Control/ Balance/ Flexibility. | Mrs Waters Dance: Movements/Patterns | Mrs Waters Gymnastics Rolling and jumping | Mrs Waters Outdoor adventurous activities Orienteering | Mrs Waters Throwing and catching: Applying Tactics. Cricket |
| | Mrs Waters Gymnastics: Balance/ Control/ Flexibility | Mrs Waters Tag rugby: Attacking and Defending | Mrs Waters Gymnastics: Jumping/Apparatus | Mrs Waters Tennis: Control and hitting the ball into space | Mrs Waters Athletics Jumping/ Throwing and Catching. | Mrs Waters Football: Attacking and Defending.. |
| Year 5&6 | Mrs Mandy Netball: Attacking and Defending. Support play and formations | Mrs Mandy Circuit Training: Control/ Balance/ Flexibility. | Mrs Mandy Dance: Movements/Patterns | Mrs Mandy Gymnastics Rolling and jumping | Mrs Mandy Outdoor adventurous activities Orienteering | Mrs Mandy Throwing and catching: Applying Tactics. Cricket |
| | Mrs Mandy Gymnastics: Balance/ Control/ Flexibility | Mrs Mandy Tag rugby: Attacking and Defending | Mrs Mandy Gymnastics: Jumping/Apparatus | Mrs Mandy Tennis: Hand eye coordination / Directing the ball | Mrs Mandy Athletics Jumping/ Throwing and Catching. | Mrs Mandy Football : Attacking and Defending. |